## Training Par

## NEW STARTERS USUALLY BUY SIZE 26/28 OR 28/30 DEPENDING ON THEIR WAIST SIZE

Product Measurements (cm)								
Waist Size (INCHES)	24/26"	26/28"	28/30"	30/32"	32/34"	36/38"	38/40"	
A - Waist Size	64cm	68cm	72cm	74cm	78cm	82cm	86cm	
B - Leg length	66cm	71cm	73cm	73cm	75cm	77cm	77cm	

\*These figures are indicative only, and some variation should be expected due to fabric stretch and production tolerances

Measuring Guide





A. Waist circumference: Measured unstretched on the waistband and then doubled B. Inside leg: Measured flat, from the top of the seam to the hem