

### Contrast Polo Shirts

iDESIGN POLO SHIRTS - SIZING GUIDE									
Sizes on the Garment Label	Medium Youths	Large Youths	X Large Youths	Small Adults	Medium Adults	Medium Adults	Large Adults	Xlarge Adults	2X Large Adults
<b>Conversion to child &amp; adult sizing</b>	<b>9/10Y</b>	<b>11/12Y</b>	<b>12/13Y</b>	<b>13/14Y</b>	<b>15/16</b>				
CHEST MEASUREMENT - INCHES (TO FIT)	28/30	30/32	32/34	34/36	36/38	38/40	42/44	46/48	50/52
CHEST MEASUREMENTS CENTIMETRES (TO FIT)	71/75	76/80	81/85	86/90	91/96	97/105	106/115	116/126	127/132

Most Secondary School New Starters purchase size 32/34"

Most Middle School New Starters purchase 34/36" or 36/38"

The sizes above are "To Fit" the chest size indicated so compare them to your child's actual chest size.

If your child prefers a loose fit for sports, go up one size.

**\*These figures are indicative only, and some variation should be expected, due to fabric stretch and production tolerances.**